

How to use the GFYC (Mighty) App and get the most from your membership

Ready to make this community your own? If you have subscribed and joined GFYC, please check you have completed your profile, including the following:

- A photo (ideally a face pic)
- In your bio it is **essential** you include your location eg Crieff
- A mini bio including your interests
- Complete the About Me (called Introduction on mobile phone) field with more personal information.
- Your location
- Choose your role from dropdown only if you are a Provider member
- Add personal links (optional) more appropriate for Providers

NB. Click on GFYC- Profile Guide PDF on website to view an example to follow

If you don't have a completed profile the GFYC will not work for you and others as effectively as it could. Search on the website/app includes Profiles.

Then let's go...make your first post in the Community Chat Space and introduce yourself. What are your interests and what do you hope to get from GFYC.

The Good For You Club app

It is much easier to interact with the Club on your phone and we therefore recommend you download the Mighty Networks app and sign in with your membership details to the Good For You Club network.



For iPhone users

- Go to your **App Store** on your phone and click to open
- Search for Mighty Networks > download and open
- Search for Good For You Club network on app > select
- Sign in with the username (your email) and the password you used to join

For Android phone users

- Go to your **Google Play** on your phone and follow the above instructions

When you become a member, you are automatically joined to all Spaces (you can leave and rejoin at anytime)

Click on link below to download video tutorial on how to download and navigate Might Networks app (Please note this video shows the older version of the app, the new app now has a black background an white logo as shown in image above).

<https://youtu.be/uhtEr2EmXyY?si=zSXnMmm9kiMB2L2H>

Finding like minded members (a buddy)

Search for a Buddy using good keywords in the 'search' boxes within Spaces or on main home page. You can comment on posts or private message members.

We recommend you take sensible precautions on meeting anyone new (**Good For You Club are not liable for your safety**). The purpose of the website is to help you make connections and create a women's community that wouldn't have existed otherwise. Finally, make sure you have put your exact location within your 'Mini bio' box on your profile eg. [Methven](#) so members can search on exact location if it's not available in the 'Locations' drop down box options.

A friendly face pic will make you more approachable and recognisable to other members. Plus it is used as proof of membership for discounts.

How to leave a Group (Space)

All members are all auto joined to every Group/Space For example, Knitting & Crafting Group not for you, no problem. Click on Group name in menu, go top right click on the '3 dots' ,open personal setting and click on 'Leave this Space' at bottom of page.

What are hashtags?

A hashtag—written with a # symbol—is used **to index keywords or topics**. This function was created for people to easily follow topics they are interested in eg. #coffeemeetup

Creating your own meetups

Go to Events tab (left hand menu), create description, date and venue. ie. coffee morning, lunch out, walk, bike ride, art exhibition visit, concert or cinema outing, etc. Make sure you select 'local' if it is not an online event so you can add venue address. Alternatively Events can be created from with each Group eg. walking group. Go to Events top on top of Group menu and select create. This Event will appear in the Group and on the main Events tab.

Members will be able to select from going, maybe or not going.

Notifications

- Go to Profile and under Personal settings select Notifications
- It is important you turn Email Updates & Mobile Push on (slide to green)
- We also strongly recommend you select at least the following:
- Event updates & reminders
- @mentions
- Updates from Host

Discovery

If you find yourself a bit lost or can't find what you are looking for click on the Discovery tab (top left). There you will find:

- Members Near You
- Checklist - make sure you have completed all steps
- Featured Posts
- Upcoming Events
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NB. How to update your payment card details (please download the Change of payment card instructions pdf on our website)

Guidelines:

- Treat others online as you would treat them in real life
- Be tolerant towards others viewpoints; respectfully disagree when opinions do not align
- Respect the privacy and personal information of other members
- Communicate with courtesy and respect

Please do not:

- Make personal attacks on other community members
- Use defamatory remarks or make false statements against others
- Post prejudiced comments or profanity
- Bully or make inflammatory remarks to other community members

Use messaging/email responsibly. These tools are intended to keep GFYC members in touch with one another, to help facilitate networking and to promote common interests. Some examples might include:

- Invitation to buddy-up with a fellow member to attend an event or activity
- Reaching out to individual member for advice

Rules of posting:

- Limited to one photo per post
- No videos allowed (you can post a link to an external video eg. YouTube)
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Please remember this is a Social Enterprise and we have limited storage space.

Consequences:

We will take action when we see someone violating these guidelines. Sometimes that just means giving someone a warning; other times it means removing content or revoking accounts entirely. We request that all community members report behaviour that violates our guidelines to info@goodforyouclub.co.uk

Agreement:

By logging onto the community and activating your profile, you are considered to be in agreement with the terms and conditions listed above.

Check out our guides below for more information on how our online community works. Anyone requiring further support please [email us](#).

Good For You Club members can:

- Find Active Buddies
- Find Social Buddies
- Find Activity Providers
- Find Social Providers
- Find Health & Wellbeing Providers
- Find Hobby & Craft Providers
- Attend Club Events
- Share experiences and advice
- Download the Mighty Networks app for mobile devices

Good For You Club activity providers can:

- Advertise and communicate directly with GFYC members

Ready to make this community your own? Then let's go...head over to Community space and make your first post!