# GOOD FOR YOU CLUB HOW TO GUIDE

## **JOIN IN**

Once you sign up, follow your Checklist This will help you to find your way around the site and show you how to get the best from your membership

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# **YOUR PROFILE**

Make sure you complete your profile with good keywords and hashtags (#) so other members can connect with you based on shared interests and location. This way it will be easier to find your 'active' or 'social' buddy and Provider.

# **GET THE APP**

Profile completed. Download the Mighty App for your phone. Sign in to the app using your username and password you've just created and you will see the Good For You Club community



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## SAY HELLO

With your profile information completed, it's time write a post to introduce yourself. Head over to the GFYC Community Space and say Hi! Decide on which Spaces you want to join and chat in.

## SEARCH

You can find an activity provider in future or a fellow member to be your Active or Social Buddy right now. Search using keywords and hashtags or just browse Spaces & Profiles, to find others with similar interests & connect.

